

Traditional Muffin

Double Chocolate

NUTRITION INFORMATION		
Serving size: 166g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	2650kJ (633Cal)	1600kJ (382Cal)
Protein	10.1g	6.1g
Fat, Total	29.3g	17.7g
- Saturated	6.3g	3.8g
Carbohydrate	78.7g	47.4g
- Sugars	44.0g	26.5g
Dietary Fibre	5.1g	3.1g
Sodium	329mg	199mg

Ingredients: Hi Fibre Muffin Mix (Wheat Flour, Sugar, Soya Flour, Lupin Bran, Milk Solids, Egg Powder, Raising Agents (341,450,500), Humectant (420), Emulsifier (481), Wheat Gluten, Flavour, Thickeners (415,464), Colour (160(B)), Water, Canola Oil, Chocolate Chips (6%) (Sugar, Cocoa Mass, Milk Solids, Cocoa Butter, Emulsifiers (Soya Lecithin, 476), Flavours), Milk, Sugar, Cocoa Powder (4%), Icing Sugar (Cane Sugar, Wheaten Cornflour), Butter (Cream, Water, Salt), Coffee, Vanilla Essence

Contains Wheat, Egg, Milk, Soy. Made on equipment also used to produce products containing Peanuts, Tree Nuts.

Prepared by Food & Nutrition Australia.

At Muffin Break the allergen content of our products has been analysed based on their ingredients. However it is important for customers to be aware that our products are also made in an environment where cross contamination with other allergens, such as nuts, seeds, gluten containing cereals, soy, milk, eggs, sulphites, fish and seafood may occur.

