

Traditional Muffin

Peach Spice

NUTRITION INFORMATION

Serving size: 158g

	Average Quantity per Serving	Average Quantity per 100g
Energy	2000kJ (479Cal)	1270kJ (303Cal)
Protein	8.2g	5.2g
Fat, Total	19.5g	12.4g
- Saturated	2.0g	1.3g
Carbohydrate	63.8g	40.4g
- Sugars	32.7g	20.7g
Dietary Fibre	5.2g	3.3g
Sodium	287mg	182mg

Ingredients: Hi Fibre Muffin Mix (Wheat Flour, Sugar, Soya Flour, Lupin Bran, Milk Solids, Egg Powder, Raising Agents (341, 450, 500), Humectant (420), Emulsifier (481), Wheat Gluten, Flavour, Thickeners (415, 464), Colour (160 (B))), Water, Peach (18%) (Peaches (59%), Water, Pear Juice Concentrate, Food Acid (330), Firming Agent (509)), Canola Oil, Cinnamon Sugar, Nutmeg, Cinnamon.

Contains Wheat, Egg, Milk, Soy.

Prepared by Food & Nutrition Australia.

At Muffin Break the allergen content of our products has been analysed based on their ingredients. However it is important for customers to be aware that our products are also made in an environment where cross contamination with other allergens, such as nuts, seeds, gluten containing cereals, soy, milk, eggs, sulphites, fish and seafood may occur.

