

Traditional Muffin

Triple Chocolate

NUTRITION INFORMATION		
Serving size: 171g		
	Average Quantity per Serving	Average Quantity per 100g
Energy	2770kJ (662Cal)	1620kJ (388Cal)
Protein	10.6g	6.2g
Fat, Total	30.4g	17.8g
- Saturated	7.4g	4.3g
Carbohydrate	82.6g	48.4g
- Sugars	48.3g	28.3g
Dietary Fibre	5.0g	2.9g
Sodium	334mg	196mg

Ingredients: Hi Fibre Muffin Mix (Wheat Flour, Sugar, Soya Flour, Lupin Bran, Milk Solids, Egg Powder, Raising Agents (341,450,500), Humectant (420), Emulsifier (481), Wheat Gluten, Flavour, Thickeners (415,464), Colour (160(B)), Water, Canola Oil, Chocolate Chips (5%) (Sugar, Cocoa Mass, Milk Solids, Cocoa Butter, Emulsifiers (Soya Lecithin, 476), Flavours), White Chocolate (4.5%) (Sugar, Milk Solids, Cocoa Butter, Emulsifier (Soya Lecithin), Flavour), Icing Sugar (Cane Sugar, Wheaten Cornflour), Milk, Sugar, Cocoa Powder, Cream Cheese (Milk, Cream, Salt, Vegetable Gum (410), Starter Culture), Butter (Cream, Water, Salt), Coffee, Vanilla Essence

Contains Wheat, Egg, Milk, Soy. Made on equipment also used to produce products containing Peanuts, Tree Nuts.

Prepared by Food & Nutrition Australia.

At Muffin Break the allergen content of our products has been analysed based on their ingredients. However it is important for customers to be aware that our products are also made in an environment where cross contamination with other allergens, such as nuts, seeds, gluten containing cereals, soy, milk, eggs, sulphites, fish and seafood may occur.

