

# Hot Beverages - Coffee

## Flat White Medium

### NUTRITION INFORMATION

Serving size: 349mL

	Average Quantity per Serving	Average Quantity per 100mL
Energy	872kJ (208Cal)	250kJ (60Cal)
Protein	10.4g	3.0g
Fat, Total	11.9g	3.4g
- Saturated	7.9g	2.3g
Carbohydrate	14.8g	4.2g
- Sugars	14.8g	4.2g
Sodium	130mg	37mg

Ingredients: Milk, Coffee.

Contains: Milk.

Prepared by Food & Nutrition Australia.

At Muffin Break the allergen content of our products has been analysed based on their ingredients. However it is important for customers to be aware that our products are also made in an environment where cross contamination with other allergens, such as nuts, seeds, gluten containing cereals, soy, milk, eggs, sulphites, fish and seafood may occur.

