

Sweet Gluten Free Muffin

Choc Chip

NUTRITION INFORMATION

Serving size: 158g

	Average Quantity per Serving	Average Quantity per 100g
Energy	1790kJ (428Cal)	1140kJ (271Cal)
Protein	8.3g	5.3g
Fat, Total	11.4g	7.2g
- Saturated	6.3g	4.0g
Carbohydrate	71.3g	45.2g
- Sugars	32.8g	20.8g
Dietary Fibre	0.7g	0.4g
Sodium	390mg	247mg

Ingredients: Gluten Free Muffin Mix (Sugar, Maize Flour, Rice Flour, Vegetable Oil [emulsifiers (471, 477, Soy Lecithin), Antioxidant (320)], Egg White Powder, Milk Solids, Thickeners (1422, 412), Humectant (Polydextrose), Raising Agents (500, 450, 541), Flavour (Contains Milk)), Water, Chocolate Chips (13%) (Sugar, Cocoa Mass, Milk Solids, Cocoa Butter, Emulsifiers (Soya Lecithin, 476), Flavours)

Contains Egg, Milk, Soy. Made on equipment also used to produce products containing Peanuts, Tree Nuts.

Prepared by Food & Nutrition Australia.

At Muffin Break the allergen content of our products has been analysed based on their ingredients. However it is important for customers to be aware that our products are also made in an environment where cross contamination with other allergens, such as nuts, seeds, gluten containing cereals, soy, milk, eggs, sulphites, fish and seafood may occur.

